

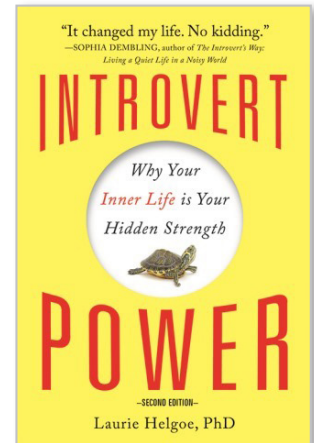
Dr. Laurie
Helgoe

Publicist Information

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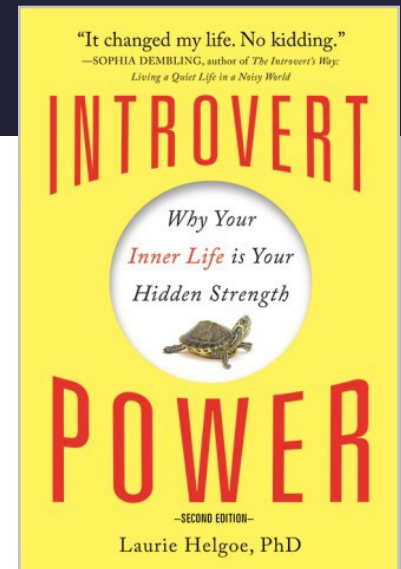
Liz Kelsch
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Note: Requests can be made for a complimentary review copy of INTROVERT POWER through Ms. Kelsch.



Dr. Laurie Helgoe

Bio



Dr. Laurie Helgoe is an author, educator and clinical psychologist with a special interest in introversion and its relationship to mainstream culture. Dr. Helgoe is an Assistant Professor of Psychology and Chair of the Social Sciences Division at Davis & Elkins

College. She is the author of five books, including *Introvert Power* which is published in six languages. Helgoe also serves as a Clinical Assistant Professor at the West Virginia University School of Medicine, Charleston Division, in the Department of Behavioral Medicine and Psychiatry. Helgoe authors the column “Food for the Inner Life” at PsychologyToday.com.

Her insights on introversion are featured in reports for The Wall Street Journal. She authored the cover story, “Revenge of the Introverts” for the September-October 2010 issue of Psychology Today. Helgoe has also been profiled or quoted in Parent’s Magazine, FastCompany.com, Real Simple Family, Body+Soul Magazine, Seventeen, The Arizona Republic, GoBankingRates.com, Esquire.com, Washingtonpost.com and several others.

DrLaurieHelgoe.com

Helgoe has been a frequent television guest and commentator on affiliates for ABC, NBC, and CBS. She has been interviewed dozens of times on radio stations nationwide. Helgoe is a frequent invited keynote speaker for professional and educational conferences. Helgoe’s books include: *Introvert Power*, recipient of a Publisher’s Weekly starred review; *The Complete Idiot’s Guide to Raising Boys*; and *The Anxiety Answer Book*. She also authored *The Boomer’s Guide to Dating (Again)*; and *The Pocket Idiot’s Guide to Breaking Up*.

Helgoe and her husband (an extrovert!) have two sons and reside in Charleston, West Virginia.

